

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Prairie Rose Center 2026				12-12:45=Lunch 1 1:15=Pool 2:00= Darts 10 & 3:30 Van rides	12-12:45=Lunch 2 1:15=Chair exercises 1:30=scattergories 10 & 3:00 Van rides	3 Simchat Torah Begins
	4 12-12:45=Lunch 1:30=Members Meeting 2:15=Birthday Social 2:30=peer support 10 & 3:30 Van ride	5 12-12:45=Lunch 1:30=Color therapy 2:30=go for a drive 10 & 3:30 Van rides	7 12-12:45=Lunch 1:15=chair exercises 2:00= Bingo 10 & 3:30 Van rides	8 12-12:45=Lunch 1:15:=Sorry Game 2:15=ND Poker 10 & 3:30 Van rides	9 12-12:45=Lunch 1:15=Chair exercises 1:30=Tenzi 10 & 3:00 Van rides	10
11	12-12:45 PM 1:15=Chair exercises 1:30=peer support 2:00=Shut the box game 10 & 3:30 Van rides Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12 12-12:45=Lunch 1:00=Drive through Medora Park 10 & 3:30 Van rides	13 12-12:45=Lunch 1:15=Wellness Wednesday Mental health ted talk 2:00=collages 10 & 3:30 Van rides	14 12-12:45=Lunch 1:15=Trip to St Lukes 10 & 3:30 van rides	15 12-12:45=Lunch 1:15=Chair exercises 1:30=rummikub 10 & 3:00 Van rides	17
18	12-12:45=Lunch 1:15=Chair exercises 1:30=Julie-road to recovery 2:15=Peer Support 10 & 3:30 Van ride	19 12-12:45=Lunch 11:00=Marilyn with NDSU extension 1:30=Diamond Art 5:30=Movie at theater/Supper out 10 & 3:30 Van rides	20 12-12:45=Lunch 11:30=Hillary from Protection and Advocacy voting presentation 1:15=weight and blood pressure checks 1:30=uno 10 & 3:30 Van rides	21 12-12:45=Lunch 1:15 Chair exercises 1:30=Life on the farm game 3:00=Mels atttic 10 & 3:30 van rides	22 12-1=Lunch 1:15=ND poker 2:15=Yahtzee 10 & 3:00 Van rides	23
25	12-12:45=Lunch 1:15=chair exercises 1:30=Peer Support 2:00=Bingo 10 & 3:30 Van rides	No Lunch No Rides Bismarck Shopping trip	26 No Lunch No Rides Bismarck Shopping trip	27 12-12:45=Lunch 1:15\=Wellness Wednesday 1:45=Trouble 10 & 3:30 Van rides	28 12-12:45=Lunch 1:30=Color therapy 2:30=go for a drive 10 & 3:30 Van rides	29 12-12:45 Lunch Halloween costume Party 10 & 3:00 Van rides
						30 Halloween