

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Prairie Rose Recovery Center



	1 12-12:45=Lunch 1:30=Members meeting 2:00=Birthday Social 2:30=Chair exercises 10 & 3:30 Van rides Tu B'Shevat Begins	2 12-12:45=Lunch 1:15 Chair exercises 1:30=Color therapy 2:30=Skipbo 10 & 3:30 Van rides Green Monday	3 12-12:45=Lunch 1:15=Weight and Blood pressure checks 1:30=Bingo 2:30=Peer Support 10 & 3:30 Van rides	4 12-12:45=Lunch 1:30=Scattergories 2:30=Pool 10 & 3:30 Van rides	5 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	6 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	7
	8 12-12:45=Lunch 1:15=Chair exercises 1:30=Peer Support 2:30=you tube videos 10 & 3:30 Van rides	9 12-12:45=Lunch 1:15=Chair exercises 1:30=phase 10 2:00=Yahtzee 10 & 3:30 Van rides	10 12-12:45=Lunch 1:15= Valentine Party 10 & 3:30 Van rides	11 12-12:45=Lunch 1:30=yahtzee 2:30=quixx 10 & 3:30 Van rides	12 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	13 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides Valentine's Day	14
	15 12-12:45=Lunch 1:30=Julie road to recovery/Peer Support 2:30=rummy 10 & 3:30 Van rides Presidents' Day (U.S.)	16 12-12:45=Lunch 11:00= Marilyn with NDSU extension 1:30=movie at center 10 & 3:30 Van rides Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 12-12:45=Lunch 1:30=Bingo 2:30=Dominoes 10 & 3:30 Van rides	18 12-12:45=Lunch 1:15= go to St Lukes home 10 & 3:30 Van rides	19 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	20 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	21
Center Hours Monday-Thursday 8 AM to 5 PM Friday 8 AM to 4 PM	22 12-12:45=Lunch 1:30=Bingo 2:30=Peer Support 10 & 3:30 Van rides	23 12-12:45=Lunch 1:15=Chair exercises 1:30=Funny you tube videos 2:30=Skipbo 10 & 3:30 Van rides	24 12-12:45= lunch 1:30 Chair exercises (low impact) 2:00=Life on the farm 10 & 3:30 Van rides	25 12-12:45=Lunch 1:15=Rummikub 2:00=Life game or sorry game or tenzi 10 & 3:30 Van rides	26 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	27 12-12:45=Lunch 1:15=client choice 10 & 3:00 Van rides	28

Type the name, address, and other information about your community/company here.