

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Remember to wash your hands with soap and water!!!		1 1:30=Peer Support call in Its going to be ok!	2 Dream Plan Do	3 1:30=Peer Support call in Enjoy Today!	4 <b>TO DO LIST:</b> Hydrate Meditate Create	5 Center Closed!
6 Center Closed!	7 Center Closed! Labor Day	8 1:30 Peer Support call in Switch that attitude for gratitude	9 Your future needs you. Your past doesn't.	10 1:30=Peer Support Call in Small steps every day!	11 Work hard and be nice to people	12 Center Closed!
13 Center Closed!	14 1:30=Peer Support call in Be a warrior Not a worrier	15 1:30=Peer Support call in Happiness is an inside job	16 Be patient with yourself, nothing in nature blooms all year.	17 1:30=Peer Support call in Broken crayons still color	18 The best smiles reach your eyes	19 Center Closed!
20 Center Closed!	21 1:30=Peer Support call in Collect beautiful moments	22 1:30=Peer Support call in Life is better when your laughing!	23 Love yourself first	24 1:30=Peer Support call in Mindset is everything!	25 If you can't be kind! Be quiet.	26 Center Closed!
27 Center Closed!	28 1:30=Peer Support call in Wake up with a purpose	29 1:30=Peer Support call in Focus on the good	30 Life is short Make it sweet			

Yom Kippur Begins

September 2020

Prairie Rose Recovery Center